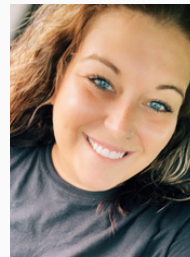




July Newsletter

Recovery In Action

BY MOLLY MARBURGER



I became an addict at the age of 16; it started off slow and simple. What I thought were normal teenage things became the biggest battle I would ever fight. At the age of 18, I started to use heroin. At the age of 19, I had my daughter. One year later, I signed over guardianship of her to my parents. My addiction continually got worse. I was in and out of jail and in and out of treatment. At the time, I thought I was always going to be an addict and I would never change. In 2019, I was convicted of dealing and went into treatment again. Once again, I left and relapsed and ended up back in jail facing over 6 years of prison. I had finally accepted the fact that I was going to prison. My grandparents ended up taking one more chance on me and bonded me out of jail.

I am proud to say that I am 3 years in recovery as of July 26. I was hired on with Turning Point SOC in January as a Youth Peer Recovery Coach and as of last week I am now Youth Services Team Lead. I never knew I wanted to work with kids--I always thought that my passion was working with women. That was until I started working with the youth and now they have become my passion. I am enjoying being able to help them overcome struggles and helping them see their talents and potential.

Few things are as rewarding as seeing youth grow and break free from toxic family cycles. I love being apart of our youth services program.

Recovery is not easy; it is the hardest battle I have ever fought and it is also the best thing I could have ever done. I never thought that I would be living the life that I am today. I never thought that I would become a homeowner and be able to provide for my daughter and be present with her. I never thought I would be working my dream job and going back to school for my associates degree. Recovery is the most precious gift I could ever give myself. Recovery is possible.

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For Announcements,
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Visit
WWW.TURNINGPOINTSOC.ORG



Program of the Month

(Community Reinforcement and Family Training) CRAFT

I have been involved with CRAFT for years and can't say enough about this amazing program! What I love about CRAFT is the focus on families and/or loved ones. It teaches concerned family & friends how to take care of themselves and in turn how they can help their loved ones struggling with substance use. Being able to share and recognize that there are millions of families struggling with similar situations can bring about hope for change. It has been proven that when a loved one is engaged in CRAFT, 72% of the supported individuals entered into treatment. CRAFT helps families/loved ones engage with others to gain support, encouragement, and to know they are not alone in the recovery process. As a facilitator of the CRAFT Program, I have watched so many families start their own journey to healing and recovery. I'm grateful to be a part of CRAFT. We laugh and cry together, we support each other. It's never too late to start your new journey with us!



CEO Report

Dear Recovery Community Friends,
For many, one of the most important factors in helping individuals seek recovery is their family. Whether it be a parent, spouse/partner, sibling, or dear friend, loved ones can play a critical role in supporting someone obtain the help they need and maintain their recovery. Nonetheless, family members and other loved ones often struggle to know what to say or do and often feel frustrated or simply burned out. Not surprisingly, when a loved one is affected by substance use disorder, everyone is affected. This is why the CRAFT program is so vital for our communities. CRAFT has been shown to help families move their loved one toward treatment, help reduce the loved one's alcohol and drug use, and improve the lives of the concerned family and friends. Because it has been shown to be significantly more helpful than traditional family/friend support approaches, we have made a commitment to offer CRAFT through Turning Point at no charge to individuals who are looking for help to help their loved ones. We offer both virtual and in-person options in the evening. If you're struggling with knowing how to help your loved one get into recovery, give us a call. Our trained CRAFT facilitators will help you be at ease and get the support you need. We're here for you!

Appreciatively,
Matt



Upcoming

[Ride of Hope](#)

Turning Point's Ride of Hope event will take place on August 27th. The event will be held at the Harley Davidson of Kokomo, where there will be live music and food! We are currently looking for sponsors for this event. If you or your organization are interested, feel free to call for more information! We are also looking for riders to participate in the ride!

[National Overdose Awareness Night](#)

National Overdose Awareness Night will be held on August 31st at Foster Park. This is a time to remember and a time to act! This is a free event where food will be provided. All are welcome to come and help raise awareness!

[Suicide Prevention Walk of Hope](#)

Suicide Prevention Walk of Hope will be held on September 10th at Foster Park. Check out our Facebook page to register today for the FREE event!

Education Topic

[July is National Minority Mental Health Awareness Month](#)

July is National Minority Mental Health Awareness Month. Mental health treatment can be hard for anyone to access, even more so for those with different cultural backgrounds. July is the month where mental health organizations across the country bring this issue to light. Below is a link you can reference for more info!

<https://www.chcw.org/july-is-minority-mental-health-month/>

Howard County also has a local Minority Health Alliance, visit their page at: <https://www.mhahc.net/>